

## Pope's February Prayer Intention - *For children with incurable diseases*

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

## UNBOUND Prayer Ministry is available in this Diocese.

If you feel in need of freedom and inner healing through prayer, and desire a deeper relationship with Jesus, we have ministers trained to help you.

Please contact [unboundprayerop@gmail.com](mailto:unboundprayerop@gmail.com) or see the poster displayed for more information.

## Axminster Foodbank

**Items needed:** cereal, soup, rice pudding, long-life milk, tins fruit, mixed veg carrots, peas, potatoes, pasta, rice, tomatoes, beans, tinned meats, tea bags, coffee, jam, biscuits, long-life milk, washing powder, washing up liquid, shampoo, shower gel.

## Seaton Foodbank

Week ending 30 January, we helped 13 adults and 2 children giving out 315 meals **Items needed:** Packets of savoury rice, toilet rolls, tins of meatballs, hot dogs, Chilli con Carne, chicken curry, Irish stew, Fray Bentos pies, ravioli, tins of corned beef and spam, medium size detergents (non-bio if possible).

## Lyme Regis Foodbank

**Items needed:** Any non-perishable and in-date food items such as tinned soup, rice pudding, custard, fruit, tinned veg, tomatoes, beans, tinned meats, sandwich spreads, pasta, tea bags, coffee, jam, biscuits, long-life milk, washing powder/liquid, washing up liquid, toilet rolls, shampoo, shower gel.

With many thanks for your continued support and generosity.

## SAFEGUARDING EVERYBODY EVERY DAY

You can speak to our parish safeguarding reps in confidence if you have any concerns or if you are offering to carry out a ministry that will need a DBS check and want to find out more.

### Safeguarding contacts: Julie Gray and Liz Tompkins

In the absence of a Parish Safeguarding Representative, any concern of a safeguarding nature should be raised with the Diocesan Safeguarding Team who can be contacted on 01364 645430 or email [safeguarding@prcdtr.org.uk](mailto:safeguarding@prcdtr.org.uk)

## The Parish of the Most Holy Trinity

### Parish Priest: Fr James Barber

The Priest's House

St Mary's RC Church, Lyme Road, Axminster EX13 5BE

Email: [james.barber@prcdtr.org.uk](mailto:james.barber@prcdtr.org.uk)

### Parish office hours

By telephone Monday 4pm—7pm

Tuesday - Friday 4pm - 6pm

Telephone: 01297 32135

Email: [axminster@prcdtr.org.uk](mailto:axminster@prcdtr.org.uk) Website: <https://thecatholictpn.org/>

## The Parish of the Most Holy Trinity



St Mary's Church,  
Axminster,  
EX13 5BE



SS Michael &  
George Church,  
Lyme Regis,  
DT7 3HS



St Augustine's  
Church,  
Seaton,  
EX12 2AJ

## Sunday 1st February 2026

*Blest are the poor in spirit; for theirs is the kingdom of heaven*

1st Reading: Zephania 2:3; 3:12-13

Responsorial Psalm: 146

2nd Reading: 1 Corinthians 1:26-31

Gospel: Matthew 5:1-12a



Our Parish School:  
St Mary's  
Catholic Primary School  
Lyme Road, Axminster  
EX13 5BE  
T: 01297 32785

Mass times	Mass intentions	
SATURDAY 31st January 1st MASS OF THE 4th SUNDAY IN ORDINARY TIME	Seaton 5:30pm	People of the Parish
SUNDAY 1st February 4th SUNDAY IN ORDINARY TIME Racial Justice Day	Axminster 9am Lyme Regis 11am	Tony GRAY RIP, Edith and Jim GRAY RIP Claire RIMMINGTON RIP Bernadette NUTE RIP
MONDAY 2nd February	No Mass	
TUESDAY 3rd February	Axminster 5pm	FM: Claire RIMMINGTON RIP (2nd anniversary)
WEDNESDAY 4th February	Seaton 10am	
THURSDAY 5th February	Lyme Regis 10am	
FRIDAY 6th February	Axminster 10am	
SATURDAY 7th February 1st MASS OF THE 5th SUNDAY IN ORDINARY TIME	Seaton 5:30pm	People of the Parish
SUNDAY 8th February 5th SUNDAY IN ORDINARY TIME Day for Victims of Human Trafficking and those who work to combat it	Axminster 9am Lyme Regis 11am	Teresa NICODEMI RIP People of the Parish
<b>Confessions: 10.45-12.00 on Saturday in Axminster also after Masses weekdays or by arrangement with Fr James</b>		

## 'Thought from Thicket': Sunday of the Word of God

"O Eternal Word, Word of my God, I want to spend my life in listening to You, to become wholly teachable that I may learn all from You." (St Elizabeth of the Trinity)

## Inspire, Saturday 11am—6pm, 14th March, Buckfast Abbey.

Youth Events would like to welcome young people aged 12-24 to Inspire, a festival of musicians, speakers and workshops encouraging young people to explore how Christ is rooted in their lives. Details on the bands, speakers and workshop will be released over the coming weeks. Tickets are £30 per person. Under 18's must be accompanied by an adult. For further information contact Saskia or Ruby: [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk) or to book: <https://bit.ly/4q7QQAu>

## Dilexi Te – The Burning Heart of the Church's Mission

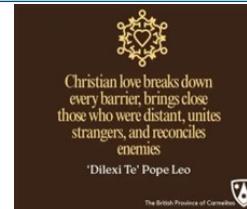
### A day of reflection with Bishop Nicholas Hudson

21 February 2026, 11am-4pm, Buckfast Abbey Conference Centre

Join Caritas and CAFOD this Lent for a diocesan day to reflect on Pope Leo XIV's powerful Apostolic Exhortation Dilexi Te, which calls us to return to the Gospel and reminds us that love of the poorest of our sisters and brothers is part of the "burning heart of the Church's mission".

Hear from our inspirational Speakers: Rt Rev Nicholas Hudson, Bishop of Plymouth; Christine Allen, CAFOD Director; Raymond Friel OBE, CSAN Chief Executive Officer; Fr. Richard Finn OP, University of Oxford.

To register: <https://bit.ly/4apdzUz> or email: [caritas@prcdtr.org.uk](mailto:caritas@prcdtr.org.uk)



## 80 Club - Christmas Draw

### Congratulations to the January draw winners:

1st Prize £100 Glynis Shephard; 2nd Prize £50 Aedine Westoby; 3rd Prize £30 Shelagh Fearnley. In April you will have the opportunity join the 80 Club or renew for 2026-2027 to enter these draws which provide much needed funds for our Parish costs whilst also providing those taking part with the opportunity to win these useful prizes. Thank you for your continued commitment to this fundraising initiative.

## Safeguarding training at our parish - Saturday 14th March 9.45am - 3pm

Robert Kingdon from the Diocesan Safeguarding office will be coming to St Mary's to deliver safeguarding training to parishioners and volunteers.

09:45 Coffee and welcome, 10:00 Safeguarding children, 12:30 Lunch, 13:00 Safeguarding Adults, 15:00 Close. To have an idea of numbers for catering, **please let the parish office know if you would like to attend by Friday 27 February.**

## DO YOU LOVE KNITTING ?

Over the last few years, parishioners from a number of parishes have knitted beautiful baby blankets, cardigans, hats, booties, mittens and teddy bears which have been posted to families who apply for an Essential Grant as they don't have enough funds to pay for some of the basic essentials for their babies. We've received some wonderful feedback from parents. **If you enjoy knitting and would like to help families, please do get in touch with our Essential Grants Manager by calling 01364 645424 or [vicki.dunstone@ccsplymouth.org.uk](mailto:vicki.dunstone@ccsplymouth.org.uk)**

**Please keep in your prayers those who are sick or housebound and those who have requested prayers in our parish** including Helen Smith, Liz Marney, Canon George, Mick Shephard, Mary Hart, Matthew Waters, Tony Kavanagh, Susan Dack, Dermott Lyons.

## Racial Justice Sunday

This Sunday, 1<sup>st</sup> February is Racial Justice Sunday and the theme this year is: *"Whoever loves God must also love his brother"* (1 John 4:21): *Promoting Racial Justice in our Parishes*. Visit <https://bit.ly/3Z77aGJ> to watch a short video message from Bishop Paul McAleenan, from the Bishop's Conference. "In the family of the Church and in society, there are people from every nation and race. All are important and wonderfully made. The central commandment is to love. True love recognises the value of everyone." Let us today commit to love our neighbours from every nation and every race.

## World Day of Prayer Service: 10:30am Friday 6th March

### St Augustine, Seaton

**World Day of Prayer** is a global ecumenical movement led by Christian women who welcome you to join in prayer and action for peace and justice. All are welcome to join us for this service.

## Mothers' coffee morning - Thursday 5th February at 10:30am

The Old School Room, Ss Michael & George, Lyme Regis.

Mums will meet for coffee and a chat. All welcome but aimed at those raising children still at home. Children and toys welcome.

## Plymouth Diocesan Ignatian Spirituality Group

Ignatian silent and individually guided retreats available locally in the Plymouth Diocese for Lent and Summer 2026 for those who would like to step back from everyday life for a little while to review their journey in faith and make a little extra space and time for God.

Feb 13th – 15th (Fri – Sun) Weekend Retreat (£160)

Feb 13th - 17th (Fri – Tues) Extended Weekend Retreat (£280)

Feb 16th – 20th (Mon – Fri) Midweek Retreat (£275)

Feb 13th – 20th (Fri - Fri) 6-day retreat (£420)

**Venue: St Rita's Centre Honiton** For further details and bookings contact [dioceesan-ignatian-retreats@prcdtr.org.uk](mailto:dioceesan-ignatian-retreats@prcdtr.org.uk) or phone 01752 769164 or 07823 447637

## Towards a synodal church – Conversations in the Spirit - 21st February

Richard Reynolds Centre, Blessed Sacrament Church, 29 Fore Street, Heavitree, EX1 2QJ. **A one day face-to-face facilitator training workshop with Fr Matthew Nunes, Director of the School for Synodality.**

This workshop will introduce the principles of holding prayerful, truthful and safe conversations which value gracious listening and courageous speaking.

It is suitable for all levels of experience, including people who have not been involved in the Synod process so far. **All parishioners are very welcome to attend - please email [exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)**

We're asking for a contribution of just £10 per person to cover costs - pay on the day. Please bring a packed lunch! 9:30am tea and coffee for a 10am start, 3:30pm finish.