

**mary's
meals**

a simple
solution
to world
hunger

Mary's Meals – Double the Love

Up to 31 January, donations made to Mary's Meals will be doubled by a group of generous supporters, up to £1.5million.

Today, we face some of our greatest challenges yet in a world devastated by conflict, food insecurity and the cost-of-living crisis. With Double the Love, your donation will be matched and your kindness will go even further, meaning we can reach even more desperately hungry children with a life-changing school meal. Find out more at www.marysmeals.org.uk

Giving QR codes



Scan the code to the left to give to the main Parish of The Most Holy Trinity account.



Scan the code to the right to give to the Lyme Regis Restoration Fund account.

The Parish of the Most Holy Trinity

*Priest in Charge: Father Jacek Kostuch
The Priest's House
St Mary's RC Church, Lyme Road, Axminster EX13 5BE*

*Parish Office Contacts: Julie Gray and Angela Griffith
Telephone: 01297 32135*

*Parish office hours
Monday - Friday 4pm - 6pm
Monday and Wednesday 10am 12pm
(In emergencies, Father Jacek can be contacted on 07776 082408)*

Email: axminster@prcdtr.org.uk Website: <https://thecatholicpn.org/>

*Safeguarding contacts:
Axminster : Julie Gray
Seaton: Kate Baker
Lyme Regis - Liz Tompkins*

Plymouth Diocese Safeguarding Enquiry Number: 01364 645430
E-mail: safeguarding@prcdtr.org.uk

*The Parish
of the
Most Holy
Trinity*



*St Mary's
Church,
Axminster,
EX13 5BE*



*SS Michael &
George Church,
Lyme Regis,
DT7 3HS*



*St Augustine's
Church,
Seaton,
EX12 2AJ*

Sunday 15 January 2023

Second Sunday in Ordinary Time (Peace Day)

Here I am, Lord! I come to do your will.

Mass Readings:

First Reading: Isaiah: 49:3,5-6

Second Reading: Corinthians 1:1-3

Responsorial Psalm: 39

Gospel: John 1:29-34

	Mass times	Mass intentions
Sun 15 Jan <i>Peace Day</i>	Axminster 9am Lyme Regis 11am	FM Alexander J Knight RIP Bp Christopher 37th anniversary of Episcopal Ordination
Tues 17 Jan <i>St Anthony Ab Mem.</i>	Axminster 7pm	FM Edgar Frank Enticott RIP
Wed 18 Jan	Seaton 10am Eucharistic Adoration until 11.30am	
Thu 19 Jan	Lyme Regis 10am Eucharistic Adoration until 11.30am	FM Mary Ann Wrey RIP
Fri 20 Jan	Axminster 10am	
Sat 21 Jan <i>1st Mass of 3rd Sunday in OT</i>	Seaton 5.30pm	The Parish Ints
Sun 22 Jan <i>Sunday of the Word of God 3rd Sunday of OT</i>	Axminster 9am Lyme Regis 11am	Private int. Thanksgiving FM John Carey
Confessions: Saturday - Axminster from 10:45 - 12:00 Weekdays - during Eucharistic Adoration as above, otherwise by arrangement.		



The Pope's Prayer Intention for January For Educators

We pray that educators may be credible witnesses, teaching fraternity rather than competition and helping the youngest and most vulnerable above all.

Please pray for the repose of the soul of Bill Hampson who died on 9 January. Our thoughts and prayers are with his wife Margaret at this difficult time. The funeral, taking place in Sea-

Let us keep in our prayers those who are sick and housebound in our parish including Matthew Waters, Liz Berry and Pippa Brough.



Parish Quiz night - Friday 10 February 2023

We will be holding a quiz evening at 7pm on Friday 10 February, at St Mary's School, Axminster. Come and join us for a fun evening with friends - test your knowledge, form a team and win prizes!

Fr Jacek will be Quiz Master.

Tickets are £10 each, available to buy at the back of the church. Tickets include wine, soft drinks and nibbles. Please support us if you can!

Preparation of for First Reconciliation and First Communion

The first preparation session will take place on Sunday 22nd January immediately after the 9 am Mass at Axminster. This session will be for parents and the children being prepared. The expectation is that the children being prepared attend a Sunday Mass every week (options are Seaton Sat. 5.30pm; Axminster Sun. 9 am; Lyme Regis 11am).

First Reconciliation will be on Saturday 29th April 2023 and First Communion will be on Sunday 11th June 2023.

If you haven't yet contacted Fr Jacek about your child's participation please do so as soon as possible by speaking to Fr Jacek or email to axminster@prcdtr.org.uk and mark your email with heading 'First Communion 2023 and name of child'.

I ask all members of our community to pray for our children, their families and the catechists as we make this journey of introducing our children to the greatest gift 'Jesus present in Reconciliation and the Eucharist'.

Coffee and Connect Friday 20 January

Coffee, prayer, light lunch together

Coffee and Connect session at the Minster - a chance for people from various local churches/groups to come together to pray for Axminster and to enjoy friendship among our church families over coffee and pray, and also enjoy a light lunch and time together. RSVP to margi.e.steiner@gmail.com

Reflection – The Mass: Sign of The Cross

The sign means a lot of things. Here are six meanings, with and without words. The sign of the cross is: a confession of faith; a renewal of baptism; a mark of discipleship; an acceptance of suffering; a defence against the devil; and a victory over self-indulgence.

When we make the sign, we are professing a mini version of the creed — we are professing our belief in the Father, and in the Son and in the Holy Spirit. When we say the words and pray in someone's name you are declaring their presence and coming into their presence — that's how a name is used in Scripture.

As a sacramental, it's a renewal of the sacrament of baptism; when we make it you say again, in effect, "I died with Christ and rose to new life." The sign of the cross in baptism is like a Christian circumcision, which united Gentile converts to the Jewish nation. The sign links you to the body of Christ, and when we make it we remember our joining to the body with Christ as the head.

The sign of the cross is a mark of discipleship. Jesus says in Luke 9:23, "If any man will come after me, let him deny himself, and take up his cross daily, and follow me." The word that the Fathers of the Church used for the sign of the cross is a Greek word that is the same as what a slave owner put on a slave, a shepherd put on a sheep and a general put on a soldier — it's a declaration that I belong to Christ.

Self-denial is not just giving up little things; to be a disciple we are under Christ's leadership and we don't belong to yourself. By doing the sign of the cross, we're saying to the Lord, "I want to obey you; I belong to you. You direct all my decisions. I will always be obedient to God's law, Christ's teachings and the Church." When suffering comes, the sign of the cross is a sign of acceptance. It's remembering that Jesus became a man and suffered for us and that we participate in Christ's suffering. The sign of the cross says, "I am willing to embrace suffering to share in Christ's suffering."

When we're suffering, when we're feeling like God is not there, the sign of the cross brings Him there and declares his presence whether we feel it or not. It is a way of acknowledging Him at that time of trial.

One of the main teachings of the early Church Fathers is that the sign of the cross is a declaration of defence against the devil. When we sign ourselves, we are declaring to the devil, "Hands off. I belong to Christ; he is my protection." It's both an offensive and defensive tool.

The sign of the cross is a way to put to death self-indulgence — those big problems we have, the stubborn things we can't get rid of. The Church Fathers say if you are angry, full of lust, fearful, emotional or grappling with fleshly problems, make the sign when tempted and it will help dispel the problem.

(based on an interview with Bert Ghezzi, author of "Sign of the Cross: Recovering the Power of the Ancient Prayer" (Loyola Press)).

Hospital visits

If you are going into hospital as a patient and would like a Catholic Priest to visit during your stay please let us know or in an emergency ask someone to give consent for a visit on your behalf otherwise we are unable to visit.