

## Dipping into the Catechism - A response to the Synod

Copies are available to view or download from the parish website. If you would like a paper copy, please contact the parish office.

For more information, contact: [deborah.vankroonenburg@prcdtr.org.uk](mailto:deborah.vankroonenburg@prcdtr.org.uk)

## Synodal Journey – a conversation about safeguarding

Online event led by Robert Brown, Safeguarding professional for the Diocese, Monday 9th January 6pm. Sign up at [bit.ly/3BDUDiP](https://bit.ly/3BDUDiP)

## Giving QR codes

Scan the code to the left to give to the main Parish of The Most Holy Trinity account.



Scan the code to the right to give to the Lyme Regis Restoration Fund account.



## The Parish of the Most Holy Trinity

*Priest in Charge: Father Jacek Kostuch*  
*The Priest's House*  
*St Mary's RC Church, Lyme Road, Axminster EX13 5BE*

*Parish Office Contacts: Julie Gray and Angela Griffith*  
*Telephone: 01297 32135*

### Parish office hours

**Please note the parish office will be closed from Wednesday 21 December until Tuesday 3 January.**

**(In emergencies, Father Jacek can be contacted on 07776 082408)**

Email: [axminster@prcdtr.org.uk](mailto:axminster@prcdtr.org.uk) Website: <https://thecatholicpn.org/>

### Safeguarding contacts:

Axminster : Julie Gray  
Seaton: Kate Baker  
Lyme Regis - Liz Tompkins

Plymouth Diocese Safeguarding Enquiry Number: 01364 645430

E-mail: [safeguarding@prcdtr.org.uk](mailto:safeguarding@prcdtr.org.uk)

*The Parish  
of the  
Most Holy  
Trinity*



*St Mary's  
Church,  
Axminster,  
EX13 5BE*



*SS Michael &  
George Church,  
Lyme Regis,  
DT7 3HS*



*St Augustine's  
Church,  
Seaton,  
EX12 2AJ*

## Sunday 25 December 2022 - Christmas Day

***All the ends of the earth have seen the salvation of our God.***

### Mass Readings:

First Reading: Isaiah 52:7-10

Second Reading: Hebrews 1:1-6

Responsorial Psalm: 97

Gospel: John 1:1-18

	Mass times	Mass intentions
<b>Sun 25 Dec</b> <i>The Nativity of The Lord</i>	Axminster 9am  Lyme Regis 11am	Priests who have worked in our Parish Parishioners who have died in the past year
<b>Mon 26 Dec</b> <i>St Stephen</i>	Axminster 12pm	Thanksgiving for Ministries in the Parish over the past year
<b>Tues 27 Dec</b>	No Mass	
<b>Wed 28 Dec</b> <i>The Holy Innocents</i>	Seaton 10am	
<b>Thu 29 Dec</b> <i>St Thomas Becket</i>	Lyme Regis 10am	
<b>Fri 30 Dec</b> <i>The Holy Family</i>	Axminster 7pm	
<b>Sat 31 Dec</b> <i>1st Mass of Solemnity of Mary Mother of God</i>	Axminster 10am  Seaton 5.30pm	Thanksgiving for all gifts received in 2022  Matthew Waters in thanksgiving
<b>Sun 1 Jan</b> <i>Solemnity of Mary Mother of God</i>	Axminster 9am  Lyme Regis 11am	Julia Frances Knight RIP and Mary, her sister For our Parish
<b>Confessions:</b> Saturday - Axminster from 10:45 - 12:00		

## Our wishes and gratitude

"I bring you news of great joy: today a saviour has been born to us, Christ the Lord." [Gospel Acclamation for Mass during the night – Nativity of Our Lord Jesus Christ].

Our wish for you, and all dear, for this Christmas and 2023 is that you have this encounter with Jesus who is born to us so that in Him our joy may be complete. Happy Christmas and every blessing for 2023.

*Fr. Jacek; Fr Anthony; Bp Emeritus Christopher and Canon George.*

Thank you for the generous gifts; cards with kind wishes and for all you do to support our ministry among you.

## Reflection

Joy is the true gift of Christmas, not expensive presents that demand time and money. We can transmit this joy simply: with a smile, with a kind gesture, with some small help, with forgiveness. Let us give this joy and the joy given will be returned to us. Let us seek in particular to communicate the deepest joy, that of knowing God in Christ. Let us pray that this presence of God's liberating joy will shine out in our lives.

*Homily of His Holiness Benedict XVI, Fourth Sunday of Advent, Dec. 18, 2005*

## Catholic Children's Society Prize Draw to win a signed Exeter Chiefs rugby ball and a signed Plymouth Argyle football

To be in with a chance, please visit the following link before 12 noon on Thursday, 5 January 2023 to enter our Crowdfunder prize draw <https://www.crowdfunder.co.uk/p/exeter-chiefs-rugby-ball-plymouth-city-football>

Thanks to both clubs for kindly donating these balls so that we can raise some money to support our Essential Grants programme to help more vulnerable children and their families.

On behalf of all the trustees and staff at CCSP, we wish all our families, supporters and donors a Blessed Christmas.

### Please take time to visit our nativity over the Christmas period.

The collection will be donated to the Catholic Children's Society (Plymouth) as it works across the Diocese, spreading God's love and giving families hope in times of crisis.

**Father, we are filled with the new light  
by the coming of your Word among us.  
May the light of faith shine in our words and actions.  
Amen**

**Let us keep in our prayers those who are sick and housebound in our parish** including Matthew Waters, Liz Berry, Pippa Brough and Chris Reynard.

## Prayer resources and Spiritual resources for New Year

**This may be what you are looking for -**

Pray as you go - Down To Earth (pray-as-you-go.org)

<https://pray-as-you-go.org/series/57-downtoearth>

Or on Hallow webpage or App (only some parts are free to use)

<https://hallow.com/blog/new-years-prayers>

**As we come to the end of a New Calendar perhaps consider reviewing your 'Rule for Life'**

*What is a Rule of Life?*

**"A Rule establishes a rhythm for life in which is helpful for being formed by the Spirit, a rhythm that reflects a love for God and respect for how He has made us."** *The CS Lewis Institute*

Some resources to help with this:

*'Why You Need a Rule of Life & How to Make One'*

<https://thosecatholicmen.com/articles/make-rule-life/>

<http://bit.ly/3CiQJfF>

**As we come to the end of a New Calendar perhaps consider committing to 'First Friday Devotions' or 'First Saturday Devotions'.**

**More details on separate handout which is available on request.**



## Thank you from CAFOD

Your support over this challenging year has been life-changing and very much appreciated.

Thank you for praying, campaigning, donating or volunteering to support people and communities in their struggles against poverty and in the face of huge humanitarian crises, such as the war in Ukraine, the Pakistan Floods and the World food Crisis, particularly in East Africa.

Please pray for our sisters and brothers around the world this Christmas.

Wishing you a truly blest, peaceful and joyful Advent and a happy Christmas from all at CAFOD.

Visit <https://cafod.org.uk/> for more information and to support their Appeal