

Join Mary's Meals [Big Family Christmas](#) and help feed hungry children!

For just £15.90 you can set a place for yourself or a loved one at our virtual Christmas dinner table. Your name will appear online and you'll receive a beautiful PDF placemat to pass on as a gift.

And, with [Double The Love](#), donations to Mary's Meals until 31 January 2023 are being matched by a group of generous supporters – up to £1.5 million.

This means each place set will feed two children with life-changing school meals for a whole year! Read more at <https://www.marysmeals.org.uk/>

Giving QR codes



Scan the code to the left to give to the main Parish of The Most Holy Trinity account.



Scan the code to the right to give to the Lyme Regis Restoration Fund account.

The Parish of the Most Holy Trinity

*Priest in Charge: Father Jacek Kostuch
The Priest's House
St Mary's RC Church, Lyme Road, Axminster EX13 5BE*

*Parish Office Contacts: Julie Gray and Angela Griffith
Telephone: 01297 32135*

Parish office hours

Please note the parish office will be closed from Wednesday 21 December until Tuesday 3 January.

(In emergencies, Father Jacek can be contacted on 07776 082408)

Email: axminster@pcdtr.org.uk Website: <https://thecatholicpn.org/>

Safeguarding contacts:

Axminster : Julie Gray

Seaton: Kate Baker

Lyme Regis - Liz Tompkins

Plymouth Diocese Safeguarding Enquiry Number: 01364 645430

E-mail: safeguarding@pcdtr.org.uk

The Parish of the Most Holy Trinity



St Mary's Church, Axminster, EX13 5BE



SS Michael & George Church, Lyme Regis, DT7 3HS



St Augustine's Church, Seaton, EX12 2AJ

Sunday 18 December 2022 - 4th Sunday of Advent

Let the Lord enter! He is the King of Glory.

Mass Readings:

First Reading: Isaiah 7:10-14

Responsorial Psalm: 23 (24)

Second Reading: Romans 1:1-7

Gospel: Matthew 1:18-24

	Mass times	Mass intentions
Sun 18 Dec 4th Sunday of Advent	Axminster 9am Lyme Regis 11am	Parish intentions
Tue 20 Dec St. Lucy	Axminster 7pm, Eucharistic Adoration until 8.30pm	Patricia Paul (rip) (4 th anniversary on 19 th Dec)
Wed 21 Dec St. John of the Cross	Seaton 10am, Eucharistic Adoration until 11.30am	Olga Stefaniszyn (rip)
Thu 22 Dec	Lyme Regis 10am, Eucharistic Adoration, until	All travelling for Christmas celebrations
Fri 23 Dec	Axminster 10am	Marc Bush (rip)
Sat 24 Dec Vigil of The Nativity of The Lord	Seaton 6.30pm Axminster 8.30pm Lyme Regis 11pm	Our Families intentions Our School The Sick and Housebound
Sun 25 Dec The Nativity of The Lord	Axminster 9am Lyme Regis 11am	Previous Parish Priests living and dead Parishioners who have died in 2022
Confessions: Saturday - Axminster from 10:45 - 12:00, during Eucharistic Adoration as above, otherwise by arrangement.		

Let us keep in our prayers those who are sick and housebound in our parish including Matthew Waters, Liz Berry, Pippa Brough and Chris Reynard.

Expectant Mothers

On the 4th Sunday of Advent the Church includes Prayers for Expectant Mothers

God has brought gladness and light to the world through the Virgin Mary's delivery of her son. Grant the prayer of all mothers to be as they ask for the birth of their child. May they safely deliver a son or daughter to be numbered among your family, to serve you in all things, and to gain eternal life. Amen

Christmas flowers collection
There will be a collection this week for Christmas flowers.

If you are able to contribute, please leave a donation in the basket provided at the back of the church.

Christmas flower arranging at Axminster

If you are interested in helping to decorate St. Mary's Church for Christmas please come along on Friday 23rd December at 10.00am.

Please bring some greenery from your garden if you would like.

Also if you would like to join the weekly flower rota please contact Mary on 07788547115.

Axminster Churches Together Christmas Boxes - Thank you!

I have received an email from ACT to thank us very much for all the help we have given them. So a big thank you from me as well for your time in wrapping the boxes, filling them, delivery to the needy and for donating the food required. There were 63 boxes delivered to grateful people. A wonderful example of love and care to people in need. *Bob Bannister*



CCSP Christmas Crib Appeal 2022 A message from Canon Paul Cummins

Christmas is a particular time for Christians to help those who are less fortunate than ourselves, those for whom Christmas can be extremely difficult. It is also a time to reflect on how we can make a difference, however small this may appear.

During this past year, the Catholic Children's Society (Plymouth) has been supporting vulnerable families in ever increasing numbers, all made possible by donations and support from parishioners across our Diocese.

When you visit the crib in your church, please consider adding to the collection which will be donated to the Catholic Children's Society (Plymouth) as it works across our Diocese, spreading God's love and giving families in need hope in times of crisis.

May God bless you this Christmas..

*Canon Paul Cummins
Diocesan Administrator*

Synodal Journey – a conversation about safeguarding

Online event led by Robert Brown, Safeguarding professional for the Diocese, Monday 9th January 6pm. Sign up at bit.ly/3BDUDiP

“I bring you news of great joy: today a saviour has been born to us, Christ the Lord.”

[Gospel Acclamation for Mass during the night – Nativity of Our Lord Jesus Christ].

Our wish for you, and all dear, for this Christmas and 2023 is that you have this encounter with Jesus who is born to us so that in Him our joy may be complete.

Happy Christmas and every blessing for 2023.

Fr. Jacek; Fr Anthony; Bp Emeritus Christopher and Canon George.

Parish Christmas Raffle and 60 Club Bumper Christmas Draw

Roll up Roll up!

Come and join us after Mass at St Mary's for the Christmas Raffle Draw and also the Bumper 60 Club Christmas Draw.

Lots of lovely prizes to be won!!

Reflection and Prayer (*try to find a moment each day to say this prayer and reflect in silence-*)

"O Creator God, our world is pregnant with the anticipation of the birth of your Son. We are bursting in our preparedness, for the feast of Christmas will soon be here. Everything seems to be in order: the plans are agreed to, the tree is decorated, most of the gifts are wrapped, and we think we are ready. However, Lord, as we pause to offer this prayer, we realize that some things have been rushed, and, in the process, some important things have been forgotten. In this brief moment of quiet, help us to be at least thankful. Help us to appreciate the Word that comes to dwell with us. Help us to hope in the promise of His way, truth, and life. Help us to join with the angels who sing your praise. Grant us the lasting peace of this great season of joy. We pray in the name of our long-expected Lord. Amen."

From The Essential Advent and Christmas Handbook

<https://www.catholiccompany.com/essential-advent-christmas-handbook-i5524/>

Prayer resources for the last week of Advent

'Down to Earth', an imaginative journey for Advent to help you encounter Jesus a little deeper than you might in ordinary life.

Sessions are released weekly on Mondays throughout Advent and the Christmas season.

Although these have been released since the beginning of Advent if you can find 15-20 minutes of quiet time each day this week it will provide an opportunity to have an Advent Retreat in your own home. This is based on an Ignatian approach to Spirituality. The retreat can be found on-line on the 'Pray as you Go' webpage or App under the tab 'Discover' or by following this link

<https://pray-as-you-go.org/series/57-downtoearth>

Or on Hallow webpage or App (*only some parts are free to use*)

<https://hallow.com/blog/advent-prayers-catholic-meditations/>